

# Dr. Rey Bosita and Family

photo by PHILLIP SLAUGHTER

**What's your family background?** My parents are both doctors. My in-laws are both doctors. My wife is a doctor. My sister-in-law is a doctor. Many of my aunts and uncles and cousins are all doctors. Among us, we have orthopedic spine surgery, ENT (otolaryngology), OB/GYN, anesthesia, dermatology, pathology, radiology, general surgery, internal medicine, and neurology all covered. We are related to doctors in all 4 time zones of the continental United States. I was born and raised in Cleveland, Ohio, but I got to Texas as fast as I could. Judy and Kenny, my wife and brother-in-law, were both born and raised in Dallas, where they graduated from Hockaday and St. Mark's before heading off to college. Nora, my sister-in-law, was raised in Southern California. All four of us love Texas BBQ, sushi, and the Dallas Cowboys!

**Where did you meet your wife?** Judy and I met at Stanford. (Beat Call!) We were both pre-meds studying Biology. Judy had better grades than I did. Judy also graduated with Honors. Kenny and Nora met in St. Louis, where Kenny was an ENT resident at Washington University and Nora was in medical school at St. Louis University. Eventually we all moved down here to practice medicine and start raising families. At one point, Nora and Judy were partners at North Texas OB/GYN in Plano, before Judy retired to take care of our kids. Not to be outdone, Kenny and I sometimes get to operate together too.

**When did you know you wanted to become a doctor?** I was born and bred to be



*Juggling Life  
(left to right)  
Dr. Renato V Bosita, Jr.  
Dr. Judith (Hsu) Bosita  
Dr. Nora Hsu  
Dr. Kenny Hsu*

a doctor. I remember my parents discussing whether I was going to be an orthopedic surgeon or a heart surgeon ... when I was 12 years old and in the eighth grade. I took Latin in high school because my parents thought it would help me in medical school. Too bad knowing that "cauda equina" means "horse's tail" does not change the fact that sometimes we need to do emergency surgery in the middle of the night.

**What was it like growing up with parents who were both doctors?** The coolest thing about being a doctors' kid was hanging out in various doctors' lounges in random hospitals and eating unlimited quantities of Cheetos and

cups of MSG-laden instant chicken soup while waiting for my parents to see patients. All of my folks' doctor friends would then come in and say "Hi!" to me while I was watching cartoons like *GI Joe* and *Superfriends* with a big caffeine-loaded non-diet Coke in my hand, and sometimes they would drop off their kids too. My wife, Judy, and her future Harvard-bound brother would also drink non-dairy creamer straight out of the plastic cups when they got thirsty after eating dry Frosted Flakes or Saltines. Kenny says Judy made him drink it first, and he liked it!

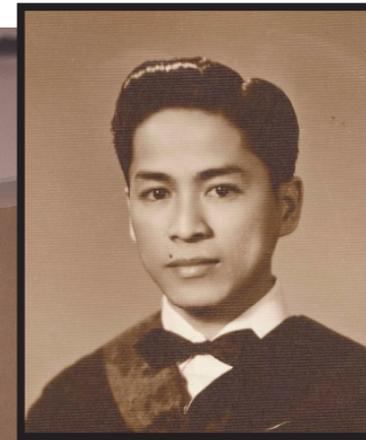
Having doctor parents also prepared us for the craziness of trying to manage work and family, especially

when duty calls and we have to put other people first. For doctors, work is just a part of every day life, day and night 24/7; it is impossible to leave it back at the office. It is kind of a wild life, but it is all we know.

**How do you like to spend downtime as a family?** What down time? Between work and all the kids' activities there is not too much time to veg out. In any given week, in addition to seeing patients, delivering babies, doing surgery, running from hospital to hospital, and preparing to teach Sunday School at Dallas Chinese Bible Church, there could be a hospital board meeting, swim team, piano and/or violin lessons and/or recital, music theory

class, Chinese school, lego club, soccer and/or baseball practice, karate, a couple of class projects, prep for school, and choir practice. There's never really a shortage of things to do, but sometimes we will chill-ax with pizza and a cool movie like *Big Hero 6* or *Despicable Me*.

The grandparents have been ultra-supportive of us, probably at least partially because they have all gone through this before. We really appreciate them for all the love and elbow grease they have spent on us and our kids. We look to them as role models for hard work, faith, determination, and selfless love. Looking back, they should be the ones writing this, not us. Their lives include surviving the



*<< Dr. Renato M Bosita  
Medical school graduation  
University of the Philippines  
Class of 1960  
Retired anesthesiologist  
Graduation picture from medical school*

*Dr. Chung-sen Hsu & Dr. Shan Shan Hsu  
Medical school graduation, 1964  
Kaohsiung Medical University, Taiwan*

*Dr. Renato M Bosita & Dr. Juliet L So-Bosita  
Picture taken 1984 in Cleveland, Ohio  
Dr Juliet is retired OB/GYN  
They moved to Dallas in 2005 to be near us  
and spoil the grandchildren!*



trials and tribulations of World War II in China, Taiwan, and the Philippines; immigrating to the United States during the tumultuous 1960's to build a better American health care system, and living their lives as real-life stories for The American Dream. And what is their reward? Recently we made them walk 8 miles in one day under the hot Florida sun while at Disneyworld. We also give the grandparents the privilege of letting our kids sleep over their houses from time to time, especially when Mommy and Daddy go on a date.

**What's next for the Family? Do you want your kids to be doctors?** Right now the next generation is all under 10 years old and watching them grow up is truly an adventure. One kid wants to be an inventor. One wants to draw. One wants to be Batman or a trucker. One has said he wants to be a spine surgeon. Being a doctor is fun, exciting, and rewarding. Taking care of people is a privilege and a blessing. Looking back it was definitely worth the years of school and training--we are having a great time now!

I would be very touched if one or more of the kids became doctors, and it would be even better if one of them joined Texas Back Institute one day! As they transition from being kids to preteens to teenagers to young adults, we just hope and pray that they grow up healthy and happy and that they multiply their talents to make this world a better place. Loving the kids is not just a job, it's an adventure!

*Dr. Rey Bosita is an Orthopedic Spine Surgeon at Texas Back Institute..*

*Dr. Kenny Hsu is an ENT at ENT Specialists of North Texas.*

*Dr. Nora Hsu is an OB/GYN at North Texas Obstetrics and Gynecology Associates.*

